

Sunday March 13, 2022

Upcoming Events

Sunday March 20, 2022	Golden Acorn Nominations Due
Thursday March 23, 2022	Family Connections Q&A
Friday March 25, 2022	Walkabout Training & March PTSA Meeting
Tuesday April 5, 2022	ParentWiser Presents: Developing Independent Decision Makers
Wednesday April 6, 2022	Honk & Wave with Volunteers for Issaquah Schools

March PTSA Meeting

Our next PTSA meeting will be March 25th at 9:30am at CMMS! The meeting agenda will be published on our [website](#). You can find financials and meetings from prior meetings on our website as well (available to members after logging in).

Please allow extra time to [park](#) and sign in at the school office. You may [park in the designated spots in the drop off lane or on the 1st level of the parking garage in visitor parking](#). Please do not park on Falcon Way or in the neighborhood. Since parking is very limited, we recommend carpooling.

Nominate Outstanding Volunteers



Each year a PTSA presents the Golden Acorn Award to individuals who have given outstanding volunteer service to the children in our school and community. This is an excellent way to honor our volunteers who have gone “above and beyond”. Please [nominate](#) someone you believe deserves recognition for their service. Nominations close Sunday March 20, 2022.

Walkabout Training

We are partnering with the school to bring a positive adult presence onto the school campus with the Walkabout Program! Volunteers must be approved by ISD and attend an upcoming training session. The 1st training will be Friday March 25th at 9:00am at CMMS, more details to follow.

[Parking](#) is very limited at school and carpooling is strongly encouraged.

Volunteering at School - Is your application approved?

CMMS PTSA Annual Registration

1 2 3 4 5 6
Family Info Membership Annual Giving Campaign Volunteering Payment Thank you

Volunteering

Parents: Please help us out by volunteering where you can. PTSA programs cannot take place without your help! Thank you!

Volunteer Interest	
General Volunteer Opportunities	Interested in volunteering as needed for PTSA events? Click here and we will contact you with a "no-obligation" email whenever a volunteer need arises during the year.
Angel Program	The PTSA ensures that all CMMS students' basic needs are met (clothing, school supplies, toiletries, beds, etc). Receive a sign up to provide the item(s) if you are able.

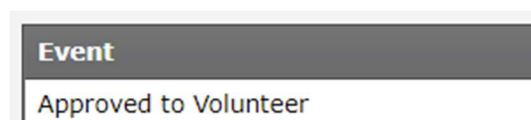
Are you interested in volunteering at CMMS?

[Sign up](#) for our volunteer interest list by creating an account on our website.

Also complete your [Volunteer Application](#) with the Issaquah School District.

If you are approved for **this school year** and you have Cougar Mountain Middle School selected under preferences (see below) then you are all set.

If your application is still pending, you may wish to contact [ISD](#).



Volunteer Preferences

Complete this item to indicate the locations that you wish to be approved for volunteer services.

LOCATION PREFERENCES

Check the boxes to indicate your location preferences. You may check multiple locations. +

☐ Apollo Elementary	☐ Echo Glen State Juvenile Facility	☐ Pacific Cascade Middle School
☐ Beaver Lake Middle School	☐ Endeavour Elementary	☐ Pine Lake Middle School
☐ Briarwood Elementary	☐ Grand Ridge Elementary	☐ Skyline High School
☐ Cascade Ridge Elementary	☐ Issaquah High School	☐ Sunny Hills Elementary
☐ Cedar Trails Elementary	☐ Issaquah Middle School	☐ Sunset Elementary
☐ Challenger Elementary	☐ Issaquah Valley Elementary	☐ VOICE (Volunteers of Issaquah Changing Education)
☐ Clark Elementary	☐ Liberty High School	☐ Before & After School Care
☒ Cougar Mountain Middle School	☐ Maple Hills Elementary	☐ FutureMap Career Coach
☐ Cougar Ridge Elementary	☐ Maywood Middle School	☐ Gibson Ek
☐ Creekside Elementary	☐ Newcastle Elementary	☐ Teals
☐ Discovery Elementary		

Are you CPR/First Aid Certified? Consider supporting CMMS Track Season as a coach!

CMMS is excited to start track season on April 4th! We are still in need of 2 head coaches and 2 assistant coaches in order to make our track season happen for our athletes. These are paid coaching positions. We recognize how important these athletic opportunities are to our students and the community. This is an approximately 4 day a week commitment. The season runs **April 4th through June 2nd**. Timing on most days is **3pm - 4:30pm (Mon-Thurs)**. Current first aid and CPR certification is required along with completion of the application and interview process and district required training. Our deadline for filling these positions is April 1st. It would be unfortunate if we were unable to offer a track program this year. Please reach out to [Marilee Bosshart](#), Assistant Principal if you are interested or know someone who may be interested in coaching track for Cougar Mountain Middle School.

Further information about this position and the online application process is available on the [district website](#).

From ISD & ISF

Meet and connect with the Family Partnership staff and families in the ISD at the Family Connections Q & A March 23rd

The purpose of the meeting is to welcome new families in the ISD, especially those new to U.S. public school, and help them navigate the school system. At the meeting, the ISD Family Partnership department will answer questions from families regarding school programs and resources. There is no formal presentation during the meeting -

discussion is based on the questions asked by families at the meeting or in the registration form. Register for the morning or evening event [here](#).

ParentWiser Presents: Developing Independent Decision Makers

Is your student making independent, informed choices? Improving conversations can help because they are the building blocks within a family to share ideas, sharpen our edges, build trust, problem-solve, gather information, argue our point, and share our stories. Learn strategies to strengthen communication and develop and fine-tune your child's decision-making skills.

domingo 13 de marzo de 2022

Próximos Eventos

domingo 20 de marzo de 2022	Vencen las nominaciones a la Bellota Dorada
jueves 23 de marzo de 2022	Preguntas y respuestas sobre conexiones familiares
viernes 25 de marzo de 2022	Entrenamiento Walkabout y reunión de PTSA de marzo
martes 5 de abril de 2022	ParentWiser presenta: Desarrollo de tomadores de decisiones independientes
miércoles 6 de abril de 2022	Toque la bocina y salude con los voluntarios de las escuelas de Issaquah

Reunión de PTSA de marzo

¡Nuestra próxima reunión de PTSA será el 25 de marzo a las 9:30 am en CMMS! La agenda de la reunión se publicará en nuestro [sitio web](#) . También puede encontrar información financiera y reuniones de reuniones anteriores en nuestro sitio web (disponible para los miembros después de iniciar sesión).

Permita tiempo adicional para [estacionar](#) y registrarse en la oficina de la escuela. Puede [estacionarse en los lugares designados en el carril de bajada o en el primer nivel del garaje de estacionamiento en el estacionamiento para visitantes](#) . No se estacione en Falcon Way ni en el vecindario. Dado que el estacionamiento es muy limitado, recomendamos compartir el automóvil.

Nominar Voluntarios Destacados



Cada año, una PTSA presenta el premio Golden Acorn a las personas que han brindado un servicio voluntario destacado a los niños de nuestra escuela y comunidad. Esta es una excelente manera de honrar a nuestros voluntarios que han ido "más allá". Nomine [a](#) alguien que crea que merece reconocimiento por su servicio. Las postulaciones cierran el domingo 20 de marzo de 2022 .

Capacitación de paseo

¡Nos asociamos con la escuela para traer una presencia adulta positiva al campus de la escuela con el programa Walkabout! Los voluntarios deben ser aprobados por ISD y asistir a una próxima sesión de capacitación. El primer entrenamiento será el viernes 25 de marzo a las 9:00 am en CMMS, más detalles a continuación.

[El estacionamiento](#) es muy limitado en la escuela y se recomienda enfáticamente compartir el automóvil.

Voluntariado en la escuela: ¿se aprobó su solicitud?

CMMS PTSA Annual
Registration

1

2

3

4

5

6

Family infoMembershipAnnual GivingVolunteeringPaymentThank you

Volunteering

Parents: Please help us out by volunteering where you can. PTSA programs cannot take place without your help! Thank you!

Volunteer Interest

General Volunteer Opportunities

Interested in volunteering as needed for PTSA events?
Click here and we will contact you with a "no-obligation"
email whenever a volunteer need arises during the year:

Angel Program

The PTSA ensures that all CMMS students' basic needs are
met (clothing, school supplies, toiletries, beds, etc). Receive
a sign up to provide the item(s) if you are able.

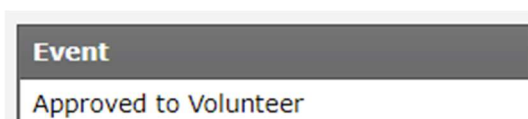
¿Estás interesado en ser voluntario en CMMS?

[Regístrese](#) en nuestra lista de voluntarios interesados creando una cuenta en nuestro sitio web.

También complete su [Solicitud de Voluntario](#) con el Distrito Escolar de Issaquah.

Si está aprobado para **este año escolar** y ha seleccionado la Escuela Intermedia Cougar Mountain bajo preferencias (ver a continuación), entonces está todo listo.

Si su solicitud aún está pendiente, puede comunicarse con [ISD](#) .

A screenshot of a 'Volunteer Preferences' form. The form has a title bar that says 'Volunteer Preferences'. Below the title bar, there is a text box that says 'Complete this item to indicate the locations that you wish to be approved for volunteer services.' Below the text box, there is a section titled 'LOCATION PREFERENCES' with a sub-instruction: 'Check the boxes to indicate your location preferences. You may check multiple locations.' Below this, there is a list of schools and facilities with checkboxes next to them. The list is organized into three columns. The first column includes Apollo Elementary, Beaver Lake Middle School, Briarwood Elementary, Cascade Ridge Elementary, Cedar Trails Elementary, Challenger Elementary, Clark Elementary, Cougar Mountain Middle School, Cougar Ridge Elementary, Creekside Elementary, and Discovery Elementary. The second column includes Echo Glen State Juvenile Facility, Endeavour Elementary, Grand Ridge Elementary, Issaquah High School, Issaquah Middle School, Issaquah Valley Elementary, Liberty High School, Maple Hills Elementary, Maywood Middle School, and Newcastle Elementary. The third column includes Pine Lake Middle School, Skyline High School, Sunny Hills Elementary, Sunset Elementary, VOICE (Volunteers of Issaquah Changing Education), Before & After School Care, FutureMap Career Coach, Gibson Ek, and Teals. The checkbox for 'Cougar Mountain Middle School' is checked.

¿Está certificado en RCP/Primeros Auxilios? ¡Considere apoyar a CMMS Track Season como entrenador!

¡CMMS está emocionado de comenzar la temporada de atletismo el 4 de abril! Todavía necesitamos 2 entrenadores en jefe y 2 entrenadores asistentes para que nuestra temporada de atletismo sea una realidad para nuestros atletas. Estos son puestos de entrenador pagados. Reconocemos cuán importantes son estas oportunidades deportivas para nuestros estudiantes y la comunidad. Este es un

compromiso de aproximadamente 4 días a la semana. La temporada va **del 4 de abril al 2 de junio** . El horario la mayoría de los días es **de 3:00 p. m. a 4:30 p. m. (de lunes a jueves)** . Se requiere la certificación actual de primeros auxilios y CPR junto con la finalización del proceso de solicitud y entrevista y la capacitación requerida por el distrito. Nuestra fecha límite para cubrir estos puestos es el 1 de abril. Sería lamentable que no pudiéramos ofrecer un programa de pista este año. Comuníquese con [Marilee Bosshart](#), Subdirector si está interesado o conoce a alguien que pueda estar interesado en entrenar en pista para la Escuela Intermedia Cougar Mountain.

Más información sobre este puesto y el proceso de solicitud en línea está disponible en el [sitio web del distrito](#) .

De ISD e ISF

Conozca y conéctese con el personal de Family Partnership y las familias en el ISD en Family Connections Q & A el 23 de marzo

El propósito de la reunión es dar la bienvenida a las nuevas familias en el ISD, especialmente aquellas que son nuevas en las escuelas públicas de EE. UU., y ayudarlas a navegar por el sistema escolar. En la reunión, el departamento de Asociación Familiar de ISD responderá las preguntas de las familias sobre los programas y recursos escolares. No hay una presentación formal durante la reunión; la discusión se basa en las preguntas hechas por las familias en la reunión o en el formulario de registro. Regístrese para el evento de la mañana o de la tarde [aquí](#) .

ParentWiser presenta: Desarrollo de tomadores de decisiones independientes

¿Está su estudiante tomando decisiones independientes e

informadas? Mejorar las conversaciones puede ayudar porque son los componentes básicos dentro de una familia para compartir ideas, afinar nuestros conocimientos, generar confianza, resolver problemas, recopilar información, argumentar nuestro punto de vista y compartir nuestras historias. Aprenda estrategias para fortalecer la comunicación y desarrollar y afinar las habilidades de toma de decisiones de su hijo.

2022 年 3 月 13 日星期日

即将举行的活动

2022 年 3 月 20 日星期日	金橡子提名到期
2022 年 3 月 23 日星期四	家庭联系问答
2022 年 3 月 25 日星期五	步行培训和三月 PTSA 会议
2022 年 4 月 5 日星期二	ParentWiser 介绍：培养独立的决策者
2022 年 4 月 6 日星期三	与 Issaquah 学校的志愿者一起鸣喇叭

3 月 PTSA 会议

我们的下一次 PTSA 会议将于 3 月 25 日上午 9:30 在 CMMS 举行！会议议程将在我们的[网站](#)上公布。您也可以在[我们的网站上找到以前会议的财务和会议（登录后可供会员使用）](#)。

请留出额外的时间[在学校办公室停车和签到](#)。您可以[将车停在下客车道的指定地点或访客停车场的停车场一楼](#)。请不要在 Falcon Way 或附近停车。由于停车位非常有限，我们建议拼车。

提名优秀志愿者



每年，PTSA 都会向在我们学校和社区为孩子们提供出色志愿服务的个人颁发金橡子奖。这是向“超越”我们的志愿者致敬的绝佳方式。请[提名](#)您认为值得表彰他们的服务的人。提名截止日期为 2022 年 3 月 20 日星期日。

步行训练

我们正在与学校合作，通过 Walkabout 计划将积极的成人形象带入校园！志愿者必须得到 ISD 的批准并参加即将举行的培训课程。第一次培训将于 3 月 25 日星期五上午 9:00 在 CMMS 举行，更多详细信息将在后面公布。[学校的停车位](#)非常有限，强烈鼓励拼车。

在学校做义工——你的申请被批准了吗？

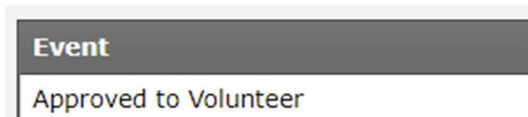
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您有兴趣在 CMMS 做志愿者吗？

[通过在我们的网站上创建一个帐户来注册](#)我们的志愿者兴趣列表。

同时完成您在伊瑟阔学区的[志愿者申请](#)。如果您在本学年

获得批准，并且根据偏好选择了 Cougar Mountain Middle School（见下文），那么您就一切就绪。如果您的申请仍处于待处理状态，您不妨联系[ISD](#)。



Volunteer Preferences

Complete this item to indicate the locations that you wish to be approved for volunteer services.

LOCATION PREFERENCES

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☐ Discovery Elementary		

您是否获得心肺复苏术/急救认证？考虑以教练的身份支持 CMMS Track Season ！

CMMS 很高兴在 4 月 4 日开始赛道赛季！我们仍然需要 2 名主教练和 2 名助理教练，以使我们的运动员能够参加我们的田径赛季。这些是带薪教练职位。我们认识到这些运动机会对我们的学生和社区的重要性。这是一个大约每周 4 天的承诺。这个季节从 4 月 4 日持续到 6 月 2 日。大多数日子是下午 3 点至下午 4 点 30 分（周一至周四）。完成申请和面试过程以及地区所需的培训后，需要当前的急救和心肺复苏术认证。我们填补这些职位的截止日期是 4 月 1 日。如果我们今年无法提供赛道项目，那将是不幸的。请[联系 Marilee Bosshart](#), 副校长，如果您有兴趣或认识可能对 Cougar Mountain Middle School 的教练赛道感兴趣的人。

有关此职位和在线申请流程的更多信息，请访问[学区网站](#)。

来自 ISD 和 ISF

在 3 月 23 日的 Family Connections Q & A 中与 ISD 的 Family Partnership 工作人员和家庭会面并建立联系

会议的目的是欢迎 ISD 的新家庭，尤其是那些刚进入美国公立学校的家庭，并帮助他们了解学校系统。在会议上，ISD 家庭合作部门将回答家庭有

关学校计划和资源的问题。会议期间没有正式的陈述 - 讨论基于家庭在会议上或登记表中提出的问题。[在这里](#)注册早上或晚上的活动。

ParentWiser 演讲：培养独立决策者

您的学生是否在做出独立、知情的选择？改善对话会有所帮助，因为它们
是家庭中分享想法、磨砺我们的优势、**建立信任、解决问题**、收集信息、
论证我们的观点和分享我们的故事的基石。**学习**加强沟通、培养和调整孩子
决策技能的策略。

2022년 3월 13일 일요일

다가오는 이벤트

2022년 3월 20일 일요일 골든 도토리 후보 지명 마감

2022년 3월 23일 목요일 가족 연결 Q&A

2022년 3월 25일 금요일 Walkabout 교육 및 3월 PTSA 회의

2022년 4월 5일 화요일 ParentWiser 발표: 독립적인 의사 결정권자 개발

2022년 4월 6일 수요일 Issaquah 학교를 위한 자원 봉사자와 함께 경적 & 웨이브

3월 PTSA 회의

다음 PTSA 회의는 3월 25일 오전 9시 30분 CMMS에서 있습니다! 회의 의제는 [웹사이트](#) 에 게시됩니다. 웹사이트에서도 이전 모임의 재정 및 모임을 찾을 수 있습니다(회원 로그인 후 사용 가능). [주차](#) 하고 학교 사무실에 로그인하는

데 추가 시간을 허용하십시오. [하차로의 지정된 장소에 주차하거나 방문객 주차장 1층 주차장에 주차할 수](#) 있습니다. Falcon Way 또는 인근에 주차하지 마십시오. 주차 공간이 매우 협소하므로 카풀을 권장합니다.

우수 자원 봉사자 지명



매년 PTSA는 학교와 지역 사회에서 아이들에게 뛰어난 자원 봉사를 제공한 개인에게 Golden Acorn Award를 수여합니다. 이것은 "그 이상"으로 나아간 자원 봉사자를 기리는 훌륭한 방법입니다. 그들의 서비스에 대해 인정받을 자격이 있다고 생각하는 사람을 [지명](#) 하십시오. 후보자 등록은 2022년 3월 20일 일요일에 마감 됩니다.

워크어바웃 트레이닝

우리는 Walkabout 프로그램을 통해 학교 캠퍼스에 긍정적인 성인 존재를 제공하기 위해 학교와 협력하고 있습니다! 자원 봉사자는 ISD의 승인을 받고 다가오는 교육 세션에 참석해야 합니다. 1차 교육은 3월 25일 금요일 오전 9시 CMMS에서 진행되며 자세한 내용은 추후 공지하겠습니다.

[학교 주차](#) 는 매우 협소하며 카풀을 적극 권장합니다.

학교 자원봉사 - 지원서가 승인되었습니까?

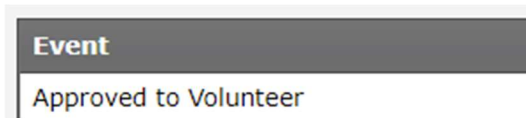
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CMMS에서 자원 봉사에 관심이 있으십니까? 웹사이트에서 계정을 만들어 자원 봉사 관심 목록에 등록하십시오

.

또한 Issaquah 학군에서 [자원 봉사 신청서](#) 를 작성하십시오. 이번 학년도

에 승인을 받고 선호 사항(아래 참조)에서 Cougar Mountain 중학교를 선택했다면 모든 준비가 완료된 것입니다. [신청서가 아직 보류 중인 경우](#) [ISD](#) 에 문의할 수 있습니다 .



Volunteer Preferences

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☐ Clark Elementary	☐ Liberty High School	☐ Before & After School Care
☒ Cougar Mountain Middle School	☐ Maple Hills Elementary	☐ FutureMap Career Coach
☐ Cougar Ridge Elementary	☐ Maywood Middle School	☐ Gibson Ek
☐ Creekside Elementary	☐ Newcastle Elementary	☐ Teals
☐ Discovery Elementary		

CPR/응급처치 인증을 받았습니까? 코치로서 CMMS 트랙 시즌을 지원하는 것을 고려하십시오!

CMMS는 4월 4일에 트랙 시즌을 시작하게 되어 기쁩니다! 우리 선수들에게 트랙 시즌을 제공하기 위해 2명의 수석 코치와 2명의 보조 코치가 아직 필요합니다. 이들은 유료 코칭 위치입니다. 우리는 이러한 운동 기회가 우리 학생과 지역 사회에 얼마나 중요한지 잘 알고 있습니다. 이것은 주 4일 약정입니다. 시즌은 **4월 4일부터 6월 2일까지** 진행됩니다 . 대부분의 요일에 시간이 **오후 3시 - 오후 4시 30분(월-목)** 입니다. 현재 응급처치 및 CPR 인증은 지원 완료 및 인터뷰 절차 및 교육구에서 요구하는 교육과 함께 필요합니다. 이 자리를 채우기 위한 마감일은 4월 1일입니다. 올해 트랙 프로그램을 제공하지 못한다면 안타까운 일입니다. [Marilee Bosshart](#) 에게 연락하십시오, Cougar Mountain 중학교의 코칭 트랙에 관심이 있거나 관심이 있는 사람을 알고 있는 경우 교감.

이 직책과 온라인 지원 절차에 대한 자세한 정보는 [교육구 웹사이트](#) 에서 확인할 수 있습니다 .

ISD 및 ISF에서

3월 23일 Family Connections Q & A 에서 ISD의 Family Partnership 직원 및 가족을 만나고 연결합니다.

이 회의의 목적은 ISD의 새 가족, 특히 미국 공립학교에 처음 온 가족을 환영하고 학교 시스템을 탐색하는 데 도움이 되는 것입니다. 회의에서 ISD 가족 파트너십 부서는 학교 프로그램 및 자원에 관한 가족의 질문에 답할 것입니다. 회의 중에는 공식적인 발표가 없습니다. 토론은 회의에서 또는 등록 양식에서 가족이 묻는 질문을 기반으로 합니다. [여기](#) 에서 아침 또는 저녁 이벤트 에 등록 하십시오 .

ParentWiser 발표: 독립적인 의사 결정권자 개발

귀하의 학생은 정보에 입각한 독립적인 선택을 하고 있습니까? 대화를 개선하는 것은 가족 내에서 아이디어를 공유하고, 우리의 경계를 강화하고, 신뢰를 구축하고, 문제를 해결하고, 정보를 수집하고, 우리의 요점을 주장하고, 우리의 이야기를 공유하는 빌딩 블록이기 때문에 도움이 될 수 있습니다. 의사 소통을 강화하고 자녀의 의사 결정 능력을 개발 및 미세 조정하는 전략을 배우십시오.

2022

الأحداث القادمة

الأحد 20 مارس 2022	ترشيحات البلوط الذهبي المستحقة
الخميس 23 مارس 2022	أسئلة وأجوبة حول الروابط العائلية
الجمعة 25 مارس 2022	PTSA تدريب التجوال واجتماع مارس
الثلاثاء 5 أبريل 2022	تطوير صناع القرار المستقلين: ParentWiser تقدم
الأربعاء 6 أبريل 2022	Honk & Wave مع المتطوعين لمدارس

PTSA اجتماع مارس

سيتم نشر جدول CMMS! مارس الساعة 9:30 صباحًا في PTSA 25 سيكون اجتماعنا القادم أعمال الاجتماع على [موقعنا](#). يمكنك العثور على البيانات المالية والاجتماعات من الاجتماعات السابقة على موقعنا الإلكتروني أيضًا (متاح للأعضاء بعد تسجيل الدخول).

يرجى إتاحة وقت إضافي لركن [السيارة](#) وتسجيل الدخول في مكتب المدرسة. يمكنك [الوقوف في الأماكن المخصصة في حارة الإنزال أو في الطابق الأول من مرآب السيارات في مواقف الزوار](#). من فضلك لا توقف سيارتك على طريق فالكون واي أو في الحي. نظرًا لأن وقوف السيارات محدود للغاية، فإننا نوصي باستخدام السيارات المشتركة.

رشح المتطوعين المتميزين



للأفراد الذين قدموا خدمة تطوعية متميزة للأطفال في Golden Acorn كل عام جائزة PTSA تقدم مدرستنا ومجتمعنا. هذه طريقة ممتازة لتكريم المتطوعين الذين ذهبوا "إلى أبعد

الحدود". يرجى [ترشيح](#) شخص تعتقد أنه يستحق التقدير لخدمتهم. تغلق باب الترشيحات يوم الأحد 20 مارس 2022 .

تدريب التجوال

نحن نتشارك مع المدرسة لجلب حضور إيجابي للبالغين في الحرم الجامعي من خلال برنامج وحضور جلسة تدريبية قادمة. سيكون التدريب ISD يجب اعتماد المتطوعين من قبل Walkabout! لمزيد من التفاصيل لمتابعة ، CMMS الأول يوم الجمعة 25 مارس الساعة 9:00 صباحًا في [وقوف السيارات](#) محدود للغاية في المدرسة ويتم تشجيع استخدام السيارات المشتركة بشدة.

التطوع في المدرسة - هل تمت الموافقة على طلبك؟

CMMS PTSA Annual Registration

1

2

3

4

5

6

Family Info Membership Annual Giving Campaign Volunteering Payment Thank you

Volunteering

Parents: Please help us out by volunteering where you can. PTSA programs cannot take place without your help! Thank you!

Volunteer Interest

General Volunteer Opportunities

Interested in volunteering as needed for PTSA events? Click here and we will contact you with a "no-obligation" email whenever a volunteer need arises during the year.

Angel Program

The PTSA ensures that all CMMS students' basic needs are met (clothing, school supplies, toiletries, beds, etc). Receive a sign up to provide the item(s) if you are able.

CMMS؟ هل أنت مهتم بالتطوع في

[اشترك](#) في قائمة اهتمامات المتطوعين الخاصة بنا عن طريق إنشاء حساب على موقعنا

Issaquah. أكمل أيضًا [طلب التطوع](#) الخاص بك من دائرة مدارس

Cougar Mountain Middle School إذا تمت الموافقة على هذا العام الدراسي وتم اختيار مدرسة ضمن التفضيلات (انظر أدناه) ، فأنت جاهز تمامًا School

ISD . إذا كان طلبك لا يزال معلقًا ، فقد ترغب في الاتصال بـ

Event

Approved to Volunteer

Volunteer Preferences

Complete this item to indicate the locations that you wish to be approved for volunteer services.

LOCATION PREFERENCES

Check the boxes to indicate your location preferences. You may check multiple locations. +

☐ Apollo Elementary	☐ Echo Glen State Juvenile Facility	☐ Pacific Cascade Middle School
☐ Beaver Lake Middle School	☐ Endeavour Elementary	☐ Pine Lake Middle School
☐ Briarwood Elementary	☐ Grand Ridge Elementary	☐ Skyline High School
☐ Cascade Ridge Elementary	☐ Issaquah High School	☐ Sunny Hills Elementary
☐ Cedar Trails Elementary	☐ Issaquah Middle School	☐ Sunset Elementary
☐ Challenger Elementary	☐ Issaquah Valley Elementary	☐ VOICE (Volunteers of Issaquah Changing Education)
☐ Clark Elementary	☐ Liberty High School	☐ Before & After School Care
☒ Cougar Mountain Middle School	☐ Maple Hills Elementary	☐ FutureMap Career Coach
☐ Cougar Ridge Elementary	☐ Maywood Middle School	☐ Gibson Ek
☐ Creekside Elementary	☐ Newcastle Elementary	☐ Teals
☐ Discovery Elementary		

هل أنت معتمد من الإنعاش القلبي الرئوي / الإسعافات الأولية؟ ضع في إكمدرب CMMS Track Season اعتبارك دعم

متحمسة لبدء موسم الحلبة في 4 أبريل! ما زلنا في حاجة إلى اثنين من المدربين الرئيسيين CMMS واثنين من مساعدي المدربين من أجل جعل موسم سباقات المضمار مناسباً لرياضييننا. هذه وظائف تدريبية مدفوعة الأجر. نحن ندرك مدى أهمية هذه الفرص الرياضية لطلابنا والمجتمع. هذا التزام لمدة 4 أيام في الأسبوع تقريباً. يمتد الموسم من 4 أبريل حتى 2 يونيو. التوقيت في معظم الأيام هو 3 مساءً مساءً (من الاثنين إلى الخميس). مطلوب الإسعافات الأولية الحالية وشهادة الإنعاش القلبي 4:30 - الرئوي جنباً إلى جنب مع إكمال عملية التقديم والمقابلة والتدريب المطلوب للمنطقة. الموعد النهائي لملء هذه الوظائف هو الأول من أبريل. سيكون من المؤسف أننا لم نتمكن من تقديم برنامج المسار هذا العام. يُرجى التواصل مع [ماريلي بوشارت](#)، المدير المساعد إذا كنت مهتماً أو تعرف شخصاً قد يكون Cougar Mountain Middle School مهتماً بمسار التدريب لمدرسة.

. يتوفر مزيد من المعلومات حول هذا المنصب وعملية التقديم عبر الإنترنت على [موقع المنطقة التعليمية](#).

ISF و ISD من

□□□□□ □□ □□□□□□ □□□□ **Family Partnership** □□ □□□□□□□□□□
ISD □□ **Family Connections Q & A** □□□□ 23 □□

وخاصة تلك الجديدة في المدارس ، ISD الغرض من الاجتماع هو الترحيب بالعائلات الجديدة في العامة الأمريكية ، ومساعدتهم على التنقل في النظام المدرسي. في الاجتماع ، سيجيب قسم الشراكة على أسئلة العائلات المتعلقة بالبرامج والموارد المدرسية. لا يوجد عرض تقديمي ISD الأسرية في رسمي خلال الاجتماع - تعتمد المناقشة على الأسئلة التي طرحتها العائلات في الاجتماع أو في استمارة التسجيل. سجل لحضور حدث الصباح أو المساء [هنا](#).

□□□□ **ParentWiser:** □□□□□□□□ □□□□□□ □□□□ □□□□□□

هل يقوم الطالب بخيارات مستقلة ومستنيرة؟ يمكن أن يساعد تحسين المحادثات لأنها اللبنة الأساسية ، داخل الأسرة لمشاركة الأفكار ، وصقل حوافنا ، وبناء الثقة ، وحل المشكلات ، وجمع المعلومات ومناقشة وجهة نظرنا ، ومشاركة قصصنا. تعلم استراتيجيات لتقوية التواصل وتطوير مهارات صنع القرار لدى طفلك وضبطها.